



## **ECMHVA Highlights for Early Intervention**

**Website:** [www.ecmhva.org](http://www.ecmhva.org)

**WHAT IS INFANT MENTAL HEALTH?**

- [What is Infant Mental Health?](#)
- [VAIMH Code of Ethics and Principles](#)
- **ZERO TO THREE:** <https://www.zerotothree.org/early-development/infant-and-early-childhood-mental-health>

**SCREENING & ASSESSMENT**

- [Resources for Screening and Assessment of Social Emotional Development in Young Children](#)
- [Where Can I Borrow an ASQ:SE-2 Screening Kit?](#)

**DEVELOPMENTAL MILESTONES**

- [Take the milestones quiz on this page](#)

**ECMH AND TRAUMA RESOURCES**

- [Trauma Resources](#)
- [Links to ECMH Resources](#)

**WHY SOCIAL EMOTIONAL WELLNESS IS SO CRITICAL**

- [FIVE THINGS to Know about Mental Wellness in Early Childhood](#)
- <https://www.zerotothree.org/resources/1505-the-missing-first-year-parents-underestimate-how-much-children-know-and-feel-from-birth>

**ENDORSEMENT**

- [Endorsement Competency Guidelines](#)
- [How to Apply](#)

**Project SEED VA:**

- Monthly SE Webinar Series-** Information posted to [www.ecmhva.org](http://www.ecmhva.org)

**2017 Infant/ECMH VA Institute**

- SAVE THE DATE!** March 22<sup>nd</sup>, 2017 @ Kings Mill Resort, Williamsburg.

**On the Horizon...**

- VA Provider Survey on Children with SE Needs and Challenging Behavior**
- Developing VA Guidelines for the Prevention of Suspension & Expulsion**
- Local Chapters of VAIMH and Communities of Practice -Interested?**
- LIII IMH Training (clinical level) of IMH Endorsement annually starting each September.**

**Use a Tool!** Refer to [Resources for Screening and Assessment of Social Emotional Development in Young Children](#)

**“Informed Clinical Opinion”** can be used to find a child eligible for EI services in the social-emotional area. Document why you are concerned to support this. Eligibility form has a place for you to use this.

**Hire an Infant Mental Health ConsultantL** (Information to guide qualifications, job descriptions/role, caseload etc.)

- [The Infant Mental Health Specialist](#)-Article by Deborah Weatherston, Ph. D.
- [VAIMH Code of Ethics and Principles](#) Mission and Values of Infant Mental Health Service Providers/Professionals & Infant Mental Health Skills and Strategies
- [Endorsement Competency Guidelines](#) **Infant Mental Health Specialist, Level III, IMH Endorsement-Work Experience Requirements; Level II page19 & Level III, pages 27-28**

**IFSP Goals**(Information to help with identifying outcomes, strategies etc.)

- Tennessee Pyramid Model Partnership, **Family Routine-Based Support Guide: Building Relationships with Infants** [http://challengingbehavior.fmhi.usf.edu/do/resources/documents/tool\\_fam\\_routine\\_guide\\_infants.pdf](http://challengingbehavior.fmhi.usf.edu/do/resources/documents/tool_fam_routine_guide_infants.pdf)
- Mary Mackrain, Bobbi Golani and Karen Cairone, **Promoting Resilience For Now and Forever: A Family Guide for Promoting the Social and Emotional Development of Infants and Toddlers** (Understanding Attachment & Relationships, Understanding Initiative, Understanding Self-Regulation)  
<https://www.youtube.com/watch?v=FjIMyHqxXck>  
<https://www.kaplanco.com/product/28684P/promoting-resilience-for-now-and-forever-set-of-20?c=16%7CTR1015>
- **Family Resources**, CSEFEL Pyramid Model, <http://csefel.vanderbilt.edu/resources/family.html>
- **Parents Interacting with Infants** (PIWI), CSEFEL Pyramid Model, [http://csefel.vanderbilt.edu/resources/training\\_piwi.html](http://csefel.vanderbilt.edu/resources/training_piwi.html)
  - Handout 3: Dyadic Characteristics and Strategies [PDF](#)
  - Handout 9: What I Am Like [PDF](#)